Do Jang Rules

- 1. NO smoking in the Do Jang at any time.
- 2. NO gum chewing in any class.
- 3. NO profanity will be used in the Dojang.
- 4. NO jewelry will be worn during class.
- 5. Students are not allowed to belong to any other Do Jang.
- 6. Never lose your temper in the Do Jang, for any reason, but especially during sparring.
- 7. Never leave class for a break, water or an early dismissal without permission.
- 8. Never lean on the walls or lay spread out on the floor.
- 9. Students must keep fingernails and toenails clipped short and clean.
- 10. NO horseplay, whistling, or loud talking is permitted in the Do Jang.
- 11. NO talking while the instructor is talking.
- 12. Have discipline while training.
- 13. Phone if you will be late or cannot attend a class.
- 14. When you see your instructor, you must bow to him.
- 15. Bow to the flag before entering and leaving the Do Jang.
- 16. Always respect your instructor. Address him by his proper title when asking or answering questions.
- 17. Respect your senior belts; bow when asking a question.
- 18. Keep your uniform clean at all times.
- 19. DO NOT face your instructor when fixing your uniform or belt.
- 20. Always remember that you are learning a potentially dangerous art. Treat it with respect and never misuse it.